

A MUST FOR LONG ISLANDERS WITH LITTLE ONES!

From infants to **first-graders**, this guide to Long Island's favorite child-friendly spots contains over 80:

- Classes
- Parenting Groups
- Stroller-accessible Parks & Preserves
- Seaside Tourist Towns
- Museums
- Zoos
- Indoor Play Spaces & more!

"A well-researched, thorough guide to all that this area has to offer to young families. It's complete with maps and directions, prices, parking dining, hours of operation, access information, and Ali's opinion on many of the Island's well-known and lesser-known haunts."

- *Newsday's Parents & Children*

"Besides grouping the adventures into categories like fair-weather outings, indoor escapes and classes for infants on up, Ms. Ali rated each activity on whether it was appropriate for toddlers or infants. She detailed stroller accessibility, bathroom and diaper-changing facilities, the scoop on what was offered and whether it was suitable for a play date."

- *New York Times, (Sunday Long Island section)*

"Keeping young children entertained and stimulated is no easy task, especially for parents new to the area, but Sarah Ali's book entitled Baby Friendly Long Island offers some solutions."

- *The Long Islander*

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SCOPE

Baby Friendly Long Island

SARAH ALI

Newly
Expanded
0-7 YEARS

Baby Friendly

Long Island

THE LOCAL GUIDE
TO PLACES TO BRING LITTLE ONES,
RAIN OR SHINE
& MEET OTHER YOUNG FAMILIES

SARAH ALI



A SCOPE Publication



ABOUT THE AUTHOR:

Sarah Ali began scouting out baby-friendly places when her sons, Ben and Tycho, were just tiny tots. Although they no longer fit into a stroller, they still help her on her mission to uncover Long Island's best places to bring little ones.

Before having children, Sarah Ali pursued a career in health care administration. She holds a Masters in Health Policy and Management from Harvard University, and a BA from Cornell University.

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